

Knowledge, Attitude and Practice (KAP) of Usage of Home Remedies for Digestive Problems in National Capital Region of India: A Cross Sectional Study

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Abstract—Home Remedies are very commonly used for Digestive Problems in India since a long time. Reliable information regarding patient knowledge of home remedies and the type of health problems patient's use them for is scarce. Some people home remedies as their first line of treatment. This study was done to find out the knowledge, attitude and practices of home remedies for treating Digestive system ailments.

Aim and objectives: To study the knowledge, attitudes and practices among the general population in Delhi/NCR.

Materials and Method: A descriptive cross sectional study was conducted among 131 respondents in Delhi/NCR. A pre-formed pre-tested questionnaire was used to assess the respondents. Data was analyzed using standard statistical software.

Results: A total of 131 respondents were enrolled in this study. The mean age of the respondents was 35.71 years with the lowest being 16 years and highest being 67 years. The average knowledge, attitude and practice component were 77%, 62.97% and 40.30% respectively.

Conclusion: Our preliminary results suggest that knowledge; and attitude component of the respondents was high. The practice component was at 40%. Further research is required about the side effects of Home Remedies for digestive problems.